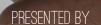
AYTC 2018

15-16 September SYDNEY





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PROGRAM SATURDAY 15 SEPTEMBER 2018

TIME PRESENTATION **SPEAKER** 9.00am - 9.15am WFI COMF 9.15am - 9.45am The Heart of Healing Meditation Leigh Blaskhi 9.45am - 11.15am Empowering People Through Donna Farhi Interoception: Restoring Full Sensory Capacity 11.15am - 11.35am MORNING TEA 11.35am - 12.35pm Yoga for the Lymphatic System Annette Loudon 12.35pm - 1.55pm LUNCH BREAK 1.55pm - 2.35pm How can yoga therapists work more Fishbowl Panel effectively with the health and education sectors 2.35pm - 2.55pm Yoga Australia President Leanne Davis 2.55pm - 3.20pm AFTERNOON TEA Case Study 3.20pm - 4.00pm Rani Foreman 4.00pm - 5.00pm Yoga Therapy: Perspectives on Trish David Rehabilitation 5.00pm CLOSE



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PROGRAM SUNDAY 16 SEPTEMBER 2018

TIME PRESENTATION **SPEAKER** 9.00am - 9.15am **WELCOME** 9.15am - 10.45am The Psychology of Health Recovery: Shanti Shanti Kaur Considerations for Yoga Therapists. Khalsa PhD 10.45am - 11.10am MORNING TEA 11.10am - 12.10pm Yoga Therapy for the Elderly: How Liz Williams the Older Body is Different Brain Gym - Neuroplasticity 12.10pm - 12.20pm Audra Saunders 12.20pm - 1.00pm Audra Saunders Case Study 1.00pm - 2.20pm LUNCH BREAK 2.20pm - 3.20pm Pranayama in a Children's Hospital Stacey Nelson 3.20pm - 3.40pm AFTERNOON TEA 3.40pm - 3.50pm Lucky Door Prize 3.50pm - 4.50pm Yoga Treatment for Refugee, Danielle Begg Torture and Trauma Survivors 4.50pm - 5.00pm **Closing Address** 5.00pm CLOSE

