

Australian Yoga Therapy Conference (AYTC) 2015

Supported By



15 -16 August 2015
SYDNEY



Saturday, 15 August 2015

9.00am – 9.10am	Welcome	
9.10am – 10.10am	Yoga and the Immune System	Annette Loudon
10.10am – 11.10am	How can Yoga Therapists fit into a Hospital Setting	Lisa Blanch
11.10am – 11.30am	Morning Tea	
11.35am – 1.05pm	The Role of Yoga in Healing and Restoration	Dr. Shirley Telles
1.05pm – 2.20pm	Lunch break	
2.20pm – 3.40pm	Panel Discussion	
3.40pm – 4.00pm	Afternoon Tea	
4.00pm – 5.00pm	Yoga in Illness	Dr. Harry Gibbs
5.00pm	Close	

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Sunday, 16 August 2015

9.00am – 10.00am	Yoga Therapy – a Catalyst for Change	Barbara Brian
10.00am – 11.00am	The Importance of Therapeutic Yoga Classes	Margaret Willcocks
11.00am – 11.20am	Morning Tea	
11.20am – 11.40am	AAYT President's address	Annette Loudon
11.40pm – 12.40pm	Yoga for People with Intellectual Disability	Dr. Latha Nithyanandam
12.40pm – 1.55pm	Lunch Break	
1.55pm – 2.55pm	Yoga Therapy for Fertility	Kylie Hennessy
2.55pm – 3.15pm	Afternoon Tea	
3.15pm – 4.15pm	Yoga for Addiction Recovery	Jen Kentish
4.15pm – 4.50pm	Yoga and Ageing	Dr. Shirley Telles
4.50pm – 5.00pm	Closing Address	
5.00pm	Close	

**AYTC is supported by the
International Association of Yoga Therapists**

