

# Australian Yoga Therapy Conference (AYTC) 2014

Supported By



25 - 26 October 2014  
Brisbane



## Event Information

Thank you for purchasing a ticket to attend the Australian Yoga Therapy Conference. We are excited to have you with us and look forward to meeting you!

To assist you prepare for the conference, we are providing you with the following information. **Please read it carefully.**

**Event Date:** Saturday 25 – Sunday 26 October 2014.

**Venue:** The venue is the Hilton Brisbane. The Hilton Brisbane is located at 190 Elizabeth St in the Brisbane CBD.

**Registrations:** Registrations commence at 8.15am on both days. All delegates are required to register. Registration will take place outside the conference room, Queens Ballroom, on Level 5. Please bring your invoice with you. This is your ticket. Or please bring some photo ID, such as a drivers licence.

**Name Tags:** You will be given a name tag when you register. Please wear your name tag at all times, as it will be required to enter the conference rooms.

**Conference Schedule:** The event commences at 9am and concludes at 5pm on both days. AYTC will be held in the Queen's Ballroom on Level 5 of the Hilton Brisbane, 190 Elizabeth St, Brisbane. The conference room will open from 8.45am. Please be seated before 9.00am.

**Program:** When you register, you will be given a program. The conference will be run as a single stream. There are no workshops to choose from.

This conference does not include practical sessions. You do not need to bring a Yoga mat. [The Conference Program is available here and on the Enlightened Events website.](#)

**Morning and afternoon tea:** A light morning and afternoon tea will be provided for all delegates during the conference. Morning and afternoon tea will be vegetarian. Food provided will not contain any meat or fish products. Food may contain wheat, gluten, dairy, nuts, or soy.

**Special Dietary Requirements:** If you have special dietary requirements, please notify us by 15 October 2014 by email so the venue can cater for you. Please email [info@enlightenedevents.com.au](mailto:info@enlightenedevents.com.au) to notify us if this applies to you.

**Lunch Options:** Please note, lunch is not included in the conference fee. There are a number of options for lunch. You are welcome to bring lunch or please see other options below.

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There are a number of local eateries within a 5 minute walk on the Queen St Mall. On the Queen St mall and next to the Hilton is Wintergarden shopping centre, which has a food court and other eateries. The Queens Plaza, which has a food court on the lower ground floor, is in the Queen St Mall. The Myer Centre, has a food court, and is also located on the Queen St Mall.

## Saturday Evening Function:

We are delighted to invite you to a pre-dinner function on Saturday 25<sup>th</sup> October 2014. This is an opportunity to enjoy some light snacks and meet your fellow delegates and some of the speakers. You are welcome to invite your partners and friends. Please note – this is not a sit down dinner function. If you would like to attend, please click here to [purchase your ticket before the conference.](#)

**Venue:** The function will take place in Vintaged Bar and Grill, located on the sixth floor of the Hilton Hotel.

**Time:** 5.30pm – 7.30pm.

**Food/Drink:** 1 glass of wine/beer/soft drink and Vintaged vegetarian tasting platees.

**Dietary Requirements:** If you have special dietary requirements please notify us by 24 May.

**Drinks:** Additional drinks can be purchased at the bar.

**Cost:** The cost of attending is \$25. **This charge is in addition to your conference fees.**

**Tickets:** Tickets can be purchased [via the Enlightened Events website](#). Please be aware that tickets must be pre-booked and are not available at the door.

## Australian Yoga Therapy Conference Package Inclusions:

The Conference fee includes all keynote presentations / workshop sessions. A light morning and afternoon tea will be provided during the conference.

Not Included: Transfers, Accommodation, Breakfast, Lunch, Flights, Personal Incidentals

**Parking:** There are a number of parking options within walking distance.

### Option 1: [Macarthur Central, Elizabeth St, Brisbane](#) – Secure Parking

Turn left after Edward St intersection.

Saturday and Sunday flat rate \$10. Pre-book to pay \$6. The car park is open from 7am – 2am on Saturday. On Sunday from 7am to 6pm.

### Option 2: [140 Elizabeth St, Brisbane](#) – Secure Parking

Saturday and Sunday flat rate \$10. The car park is open from 6am to 12am on Saturday and Sunday.

### Option 3: [The Myer Centre Brisbane Parking](#)

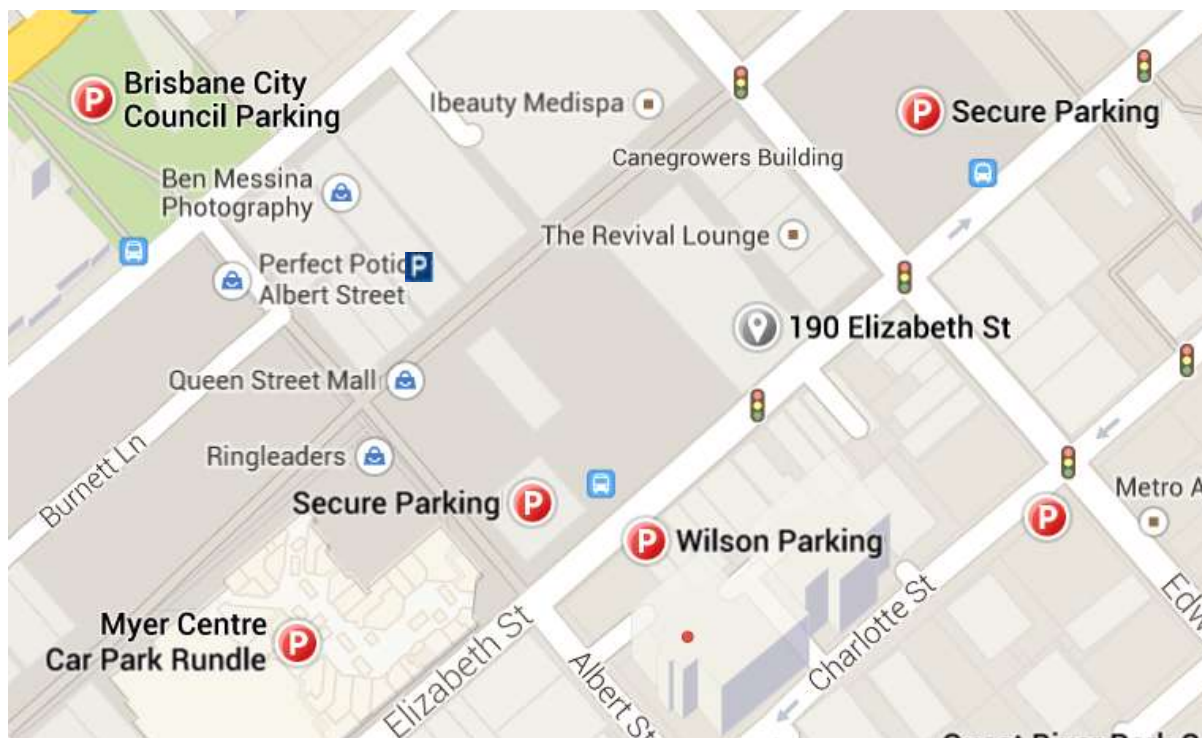
Saturday and Sunday flat rate \$10. The car park is open 24 hours a day, 7 days a week.

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**The Hilton Brisbane, 190 Elizabeth St (Venue)**



**Parking options**

**Accommodation:** There are hundreds of places to stay in the Brisbane CBD. Below are some suggestions that are within a 10 minute walk of the venue. Cheaper options are available near in suburbs like Auchenflower, Toowong, West End and Fortitude Valley (also home to the red light district).

[Hilton Brisbane](#) – Delegates are eligible for rates from \$225 per night for a King Hilton guest room, subject to availability. To book please call 07 3234 2000 and press '1' to select the option reservations for less than 10 or book on line. The reservations code is GENLA,

[Midtown Apartments – 5 minutes walk](#)

[Meriton Serviced Apartments Brisbane – 15 minute walk](#)

[The Sebel Brisbane – 5 minutes walk](#)

[This website has a number of serviced apartments in Brisbane CBD.](#) Some of these might be close to the venue and others not so close!

**Transport:** The hotel is well serviced by public transport. Detailed information is available here <http://translink.com.au/>

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**Train:** The closest train station is Central station, which is a 7 minute walk.

**Buses:** Many government and private buses pass close by to the venue. The Roma Street busway is about 15 minutes walk.

**Children:** Please note children / babies are not permitted to enter the conference room at any time. This is a condition of the venue and a requirement of our insurance policy. We ask for your understanding in this matter.

**What do you need to bring to AYTC?** You are not required to bring anything with you. You may like to bring a notepad. A Yoga mat is not required.

**Further Information:** As the event room is air-conditioned, you may like to dress in layers, as we are unable to control the temperature to suit everyone.

We look forward to having you join us!

If you require further information, please contact

Trina Bawden-Smith

Events Director

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